Daily Entrée Options:

Fruit & Yogurt Parfait w/ Granola

Chef Salad Uncrustable Meal Kit Turkey Bacon Wrap



MENU

This month's NY food item is from Newburg Egg (the omelet is made by Kay Foods in Albany NY)

JANUARY

THE THE PARTY OF T

7th-12th LUNCH

	1.11.1=11.1=11.1				
+	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
+			No School New Years Day	Crispy Chicken Sandwich (plain, ranch or buffalo) Baked Potato Chips Buttered Corn Assorted Fruit	Pizza Slice (Cheese or Pepperoni) Steamed Mixed Veggie Buttered Carrots
	Rotini with Meat Sauce Garlic Breadstick Seasoned Green Beans Warm Cinnamon Pears	Baked Potato Bar 7 (Fajita Chicken, Bacon & Queso) Garlic Knot Steamed Broccoli Salsa & Sour Cream	Sampler Platter 8 (Boneless wings & mozz sticks) French Fries Fresh Veggies w/Hummus	Ultimate Nachos 9 Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	Pizza Slice 10 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
	Crispy Chicken Tenders13 with assorted dipping sauces Pesto Parmesan Rotini Rainbow Pepper Sticks	BBQ Pork Bowl Pineapple Corn Rice Veggie Pinto Beans New Cucumber Slices Recipe! Fruit Salad	Alaskan Pollock Po'boy15 Sandwich Seasoned Potato Wedges Fresh Veggies w/Hummus Fresh Orange Wedges	Macaroni & Cheese Bar w/Buffalo Chicken Texas Toast & Broccoli Fresh Grape Tomatoes	Pizza Slice 17 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad
	No School MLK Jr Day	Bistro Cheeseburger 21 (plain, cheese or bacon) Kettle Cooked Potato Chips Tortellini Pasta Salad Fresh Veggie w/Hummus	Breakfast for Lunch 22 Sunrise Waffles (2) Cheese Omelet Harvest Home Fries of the Juice & Syrup NY FOOD DAYS Month	Taco Salad w/Chips 23 (meat, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn	Pizza Slice 24 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
	Crispy Chicken 27 Sandwich	Pineapple Teriyaki 28 Chicken	No School	Tortellini Alfredo with 30 Chicken	Pizza Slice 31 (Cheese or Pepperoni)

View Menus Online

Seasoned Waffle Fries

Tomato, Cucumber Salad



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Fried Rice & Veg Egg Roll

Stir Fry Vegetables

Baby Carrots

Menu is subject to change. Notice is posted when available. All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

Garlic Knot

Roasted Broccoli

Grape Tomatoes

In collaboration with

CAPITAL REGION

BOCES

SHARED FOOD SERVICE PROGRAM

Steamed Mixed Veggie

Caesar Side Salad

lingconnect.com

This institution is an equal opportunity employer.
MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

Lunar New Year