



MENU

PK-6th LUNCH

This month's local Eggs
 are from Newburg Egg
 (the omelet is made by Kay
 Foods in Albany NY)

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mon - Turkey & Cheese Tues - Bologna & Cheese Wed - Italian Mix Thur - Ham & Cheese Fri - Tuna Boat		1 No School New Years Day	2 Hot Dog on a Bun Emoji Fries Local Green Beans Baby Carrots	3 Cheese Pizza (Reg or Buffalo) Steamed Mixed Veggie Blue Raspberry Applesauce Cup
6 Chicken Nuggets (Reg or Buffalo) Emoji Fries Garlic Toast Local Green Beans	7 Breakfast for Lunch Pancakes Sausage Patty 100% Orange Juice Syrup Cup	8 Ultimate Nachos (taco meat, cheese, black beans) Salsa & Sour Cream Assorted Fruit Green Pepper Sticks	9 Macaroni & Cheese Steamed Broccoli Cucumbers & Tomatoes Hummus Dip	10 Cheese Pizza (Reg or Buffalo) Steamed Mixed Veggie Vanilla Emoji Grahams
13 Chicken Nuggets (Regular or Buffalo) Garlic Toast Grape Tomato Cucumber Coins	14 Turkey and Cheese Croissant Baked Potato Chips Assorted Vegetables w/Ranch Diced Pears	15 Cheesy Breadsticks with Marinara Sauce Steamed Green Beans Fresh Veggie w/Hummus	16 Chicken Tenders & Mozzarella Sticks WG Goldfish Crackers Steamed Broccoli Baby Carrots	17 Cheese Pizza (Reg or Buffalo) Steamed Mixed Veggie Strawberry Applesauce Cup
20 No School MLK Jr Day	21 Chicken Nuggets Emoji Fries Garlic Toast Seasoned Green Beans Fresh Veggie w/Hummus	22 French Toast Sticks Cheese Omelet Home Fries Orange Juice Syrup Cup	23 Cheeseburger Spiral Fries Steamed Peas & Carrots Fresh Grape Tomatoes	24 Cheese Pizza (Reg or Buffalo) Steamed Mixed Veggie Cinnamon Scooby Doo Grahams
27 Chicken Nuggets (Reg or Buffalo) Emoji Fries Garlic Toast Winter Berry Fruit Salad	28 Wild Mike's Cheesy Bites w/Marinara Sauce Steamed Broccoli Fresh Veggie w/Hummus	29 No School Lunar New Year	30 Ultimate Nachos (Taco turkey, cheese, lettuce) Salsa & Sour Cream Black Beans Assorted Veggies w/ Ranch	31 Cheese Pizza (Reg or Buffalo) Steamed Mixed Veggie Mango Peach Applesauce Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM

