

**Daily Entrée Options:**

- Fruit & Yogurt Parfait w/ Granola
- Chef Salad
- Uncrustable Meal Kit
- Turkey Guacamole Wrap



# MENU

BKW Jr/Sr High  
School

DECEMBER

## 7th-12th LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Rotini w/Meat Sauce</b> 2 Garlic Breadstick Peas & Carrots Apple Crisp	<b>Buffalo Chicken Dip</b> 3 w/tortilla chips Carrot & Celery Sticks Buttered Steamed Corn	<b>Breakfast for Lunch</b> 4 Sunrise Waffles (2) Cheese Omelet or Sausage Home Fries 100% Juice Cup & Syrup	<b>Ultimate Nachos</b> 5 Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	<b>Pizza Slice</b> 6 <b>(Cheese or Pepperoni)</b> Steamed Mixed Veggie Applesauce
<b>Popcorn Chicken &amp; Mashed Potato Bowl</b> 9 Yellow Corn Dinner Roll Fresh Veggie Cup w/Hummus	<b>Baked Potato Bar w/ Pulled Pork</b> 10 (Bacon, Scallion, Cheese) Roasted Broccoli Cucumber Coins	<b>Crispy Chicken Sandwich</b> 11 w/spec sauce & pickles Seasoned Spiral Fries Crunchy Kale Salad <small>NY FOOD DAYS</small> Harvest of the Month	<b>Macaroni &amp; Cheese Bar</b> 12 w/Buffalo Chicken Breadstick & Broccoli Fresh Grape Tomatoes	<b>Pizza Slice</b> 13 <b>(Cheese or Pepperoni)</b> Steamed Mixed Veggie Garden Salad
<b>Crispy Chicken Tenders</b> 16 with assorted dipping sauces Pesto Parmesan Rotini Fresh Grape Tomatoes	<b>Bistro Cheeseburger</b> 17 (plain, cheese or bacon) Seasoned Curly Fries Tortellini Pasta Salad Fresh Veggie w/Hummus	<b>Teriyaki Chicken</b> 18 Fried Rice & Veg Egg Roll Stir Fry Vegetables Fresh Grape Tomatoes	<b>BYO Burrito Bowl</b> 19 w/Cilantro Lime Rice (beans, protein, sides) Salsa & Sour Cream Guacamole, Olives, Jalapenos	<b>Pizza Slice</b> 20 <b>(Cheese or Pepperoni)</b> Steamed Mixed Veggie Applesauce
Winter Break No School 23	Winter Break No School 24	Winter Break No School 25	Winter Break No School 26	Winter Break No School 27
Winter Break No School 30	Winter Break No School 31	Winter Break No School 1	Winter Break No School 2	Winter Break No School 3

**View Menus Online**



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION BOCES**  
SHARED FOOD SERVICE PROGRAM

