

**Daily Entrée Options:**

- Chef Salad
- Bagel Lunch Kit
- Uncrustable Bistro Box
- Sandwich of the Day



# MENU

BKW  
Elementary  
School

NOVEMBER

## PK-6th LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mon - Turkey & Cheese 28 Tues - Bologna & Cheese Wed - Italian Mix Thur - Ham & Cheese Fri - Tuna Boat	29	30	31	1 No School Superintendents Conference Day
Chicken Nuggets (Reg or Buffalo) 4 Warm Garlic Breadstick French Fries Baby Carrots	Ultimate Nachos 5 Salsa & Sour Cream Black Beans Rainbow Pepper Sticks	Rotini with Meat sauce 6 Warm Garlic Breadstick Steamed Green Beans Fresh Veggie with Hummus	Cheeseburger 7 French Fries Rainbow Pepper Sticks Welches Grape Slushy	Cheese Pizza (Pepperoni or Buffalo) 8 Steamed Mixed Veggie Blue Raspberry Applesauce
No School 11 Veteran's Day	Pancake Bites 12 Turkey Sausage Patty or Cheese Omelet Home Fries Orange Juice & Syrup	Cheesy Breadsticks with Marinara Sauce 13 Steamed Broccoli Baby Carrots Yogurt Cup Harvest of the Month	Thanksgiving @ School 14 Turkey & Gravy Buttery Mashed Potatoes Dinner Roll, Green Beans, Craisins, Apple Crisp	Cheese Pizza (Pepperoni or Buffalo) 15 Steamed Mixed Veggie Mango Peach Applesauce Cup
Chicken Nuggets (Reg or Buffalo) 18 Warm Garlic Breadstick French Fries Baby Carrots	Ultimate Nachos 19 Salsa & Sour Cream Black Beans Rainbow Pepper Sticks	Hot Dog on a Bun 20 Baked Beans Potato Chips Veggie Cup w/ Ranch	Macaroni & Cheese 21 Corn Bread Steamed Broccoli Fresh Grape Tomatoes	Cheese Pizza (Pepperoni or Buffalo) 22 Steamed Mixed Veggie Mango Orange Applesauce
Chicken Nuggets (Reg or Buffalo) 25 Warm Garlic Breadstick French Fries Baby Carrots	French Toast Sticks 26 Turkey Sausage Patty or Cheese Omelet Home Fries Orange Juice Cup & Syrup	No School 27 Thanksgiving Break	HAPPY Thanksgiving	No School 29 Thanksgiving Break

**View Menus Online**



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION**  
**BOCES**  
 SHARED FOOD SERVICE PROGRAM